

To send ECGs over the phone

- Unplug the lead set plug from the lead set jack. The recorder will beep once.
- Place the event monitor face up on a flat surface near a standard telephone.
- Call the monitoring center and identify yourself and follow instructions. **(210) 949-1390.**

You will be instructed by the technician to:

- Press and hold the **Send** button until you hear a tone in about 2 seconds.

Then...

- Release the send button.
- Place the telephone mouthpiece over the **Record** button.

The recorder automatically transmits your stored ECG data. This can take up to 10 minutes.

When the tone stops, the transmission is complete.

- Pick up the phone and confirm that the data has been received.

The data may be sent as many times as necessary until the lead set is reinserted into the lead set jack. This automatically erases all ECG recordings.

Note: All of the ECGs must be transmitted before the memory can be erased.

To record an ECG

- Press the **Record** button.
- Remain quite and still. Breathe normally.

If your physician has programmed the speaker **On**, you will hear a continuous tone which modulates with your heartbeat. Otherwise, the recorder will silently record and store your ECG.

If the memory is not full when the recording is complete, the recorder signals by beeping once, and after a pause beeping twice. Then automatically restarts scanning your ECG.

- Note the event in your diary as instructed by your physician.
- Send your ECG to the monitoring center as instructed.

To turn the event monitor on

- Insert the lead set plug into the lead set jack on the top end of the event monitor.
- The recorder will beep and after a pause will beep again. Then, after a pause of up to 75 seconds the recorder will beep twice.

To turn the event monitor off

- Remove the lead set from the lead set jack.
- The recorder will beep once.
- You should turn off the recorder:
 - Before sending ECG data.
 - Before changing batteries.
 - Before bathing / showering.
 - To stop “memory full” or “low battery” warning beeps.

Auto activated ECGs:

Your device may be programmed to automatically record ECGs. If so, you may hear a single beep approximately every minute when an auto activation occurs. Please follow your physician’s instructions for when this happens.

To wear the cardiac event monitor

Wear the recorder in the way most convenient for you—just make sure the **Record** button is accessible.

The event monitor may be clipped to a belt, slipped into a shirt pocket, or suspended like a pendant from the lanyard (cord) provided.

Can I wear the monitor in the shower or bath?

NO, NO, NO!

Never expose the recorder to any type of moisture.

Electrodes may be worn in the shower or bath but they should not be directly sprayed or soaked.

To replace electrodes:

- Wash and dry the skin thoroughly.
- Remove any powder or lotion.
- Rub the skin briskly with a dry cloth.
- Replace any loose electrodes immediately.
- Do not use electrodes with dry gel.

To change the batteries in the recorder

- Remove the lead set plug from the jack. Remove the belt clip, if being used. Place the recorder face down on a flat surface.
- Slide the battery door off the back of the recorder.
- Carefully remove the old batteries from the compartment. A blunt, flat object such as a coin may be used to dislodge the batteries.

IMPORTANT: Use only high quality AAA alkaline batteries such as Eveready® E92 batteries. DO NOT replace only one of the batteries

- Insert two new AAA alkaline batteries in the position shown on the battery compartment floor.
- Replace the compartment door by sliding it into place. Be sure the door snaps shut.

Beeps mean

- 1 beep** lead set has been plugged or unplugged
- 2 beeps** Entering scanning mode.
- 5 beeps** every 3 minutes. Memory full. Send ECGs.
- 5 beeps** every 3 minutes. Low battery warning. Change batteries as soon as possible

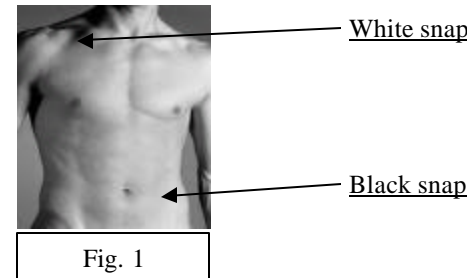
Status window messages:

- “F”: The memory is full. Send ECGs.
- “Bat”: Change batteries immediately

Event Monitor

Hook up Instructions

1. Cleanse skin; allow area to dry; shave if necessary
2. Remove electrode from package; attach lead wire to electrode.
3. Place the electrodes with the lead wire on the skin as in Fig. 1
4. Connect the lead jack to the event monitor. This will turn your monitor on and begin monitoring your electrocardiogram.



5. Press the **Record** button when you experience a symptom or as instructed by your physician office.
6. Call monitoring center at **210 949 1390** when you are ready to transmit your ECG and the technician will provide you with further instructions.

Call us at **210 949 1390** for event monitor issues only. No other type of calls will be handled at this number.

Cardiac Event Monitor Guide

Please read this pamphlet.

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Return Monitor by:

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