



# Cardiology of San Antonio, P.A.

2833 Babcock Rd #210, San Antonio, TX 78229  
Tel: (210) 949-1300 Fax: (210) 949-1475

## Nuclear Exercise/Chemical Stress Test Patient Information Sheet

The radioisotope for this test is specially ordered, therefore you will be responsible to **confirm your appointment no later than 2:00pm the business day before the test.**

\* The test is cancelled if no confirmation is made.

\* Failure to show on day of test, results in a fee of \$200.00 not covered by insurance.

Patient Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

\_\_\_\_\_  
Patient/Legal Guardian Signature

\_\_\_\_\_  
Appointment Date

<b>24 hrs before</b>	No Caffeine or Decaf products including chocolate
	Do not take medications containing Dipyridamole, Theophylline or Aggrenox
	Do not take oral (pill or spray) nitrates
<b>12 hrs before</b>	Do not take medications that are Beta Blockers
	Do not take medications that are Calcium Channel Blockers
	No smoking or use of tobacco (nicotine) products or patches
	Do not take "long acting" insulin
<b>6 hrs before</b>	Nothing to eat or drink
	Remove topical nitrates and cleanse area with alcohol
<b>On Day of Test</b>	Wear comfortable clothes (shirt or blouse with buttons) and shoes suitable for walking
	Do not take morning "short acting" insullin

**If you have any questions regarding the test or medications please call our office at (210) 949-1300.**

<u>Beta Blockers</u>		<u>Calcium Channel Blockers</u>	
<u>Generic</u>	<u>(Brand)</u>	<u>Generic</u>	<u>(Brand)</u>
Acebutol	(Sectral)	Amlodipine	(Norvasc)
Atenolol	(Tenormin, Tenoretic)	Bepidil	(Bepadin, Vascor)
Betaxolol	(Kerlone, Betoptic)	Diltiazem	(Cardizem, Dilacor, Tiazac)
Bisoprolol	(Zebeta, Ziac)	Felodipine	(Plendil)
Carteolol	(Cartrol, Ocupress)	Isradipine	(DynaCirc)
Carvedilol	(Coreg)	Nicardipine	(Cardene)
Esmolol	(Brevibloc)	Nifedipine	(Adalat, Nifediac, Procardia)
Labetalol	(Normodyne, Trandate)	Nimodipine	(Felodipine, Nimotop)
Metoprolol	(Lopressor)	Nisoldipine	(Sular)
Metoprolol succinate	(Toprol XL)	Verapamil	(Calan, Covera, Isoptin, Verelan)
Nadolol	(Corgard, Corxide)		
Nebivolol	(Bystolic)		
Propranolol	(Inderal, Inderide, Innopran,		
Pindolol	(Visken)		
Sotalol	(Betapace, Sorine)		
Timolol	(Blocadren, Betimol, Istalol)		

<u>Nitrates</u>
Imdur
Ismo
Isordil
Isosorbide
Nitrobid
Nitro-Dur
Nitrolingual
Nitropatch
Nitrostat
Sorbitrate

<u>Types of Insulin Medication</u>	
<u>Short-acting</u>	<u>Long-acting</u>
Humulin-R (insulin regular)	Lantus (insulin glargine)
Novolin-R	Levemir (insulin detemir)

<u>Drugs containing Theophylline</u>	
Aeorlate	Aminophylline
Bronkodyl	Constant-T
Elixophylline	Primatene
Quibron	Respid
Slo-bid	Slo-phylline
Tedral	Theo-24
Theoclear	Theo-dur
Theolair	Theo-Sav
Theostat	TheoX

<u>Prescription Drugs with Caffeine</u>
Cafergot
Esgic
Fioricet
Fiorinal
Norgesic
Synalgos
Wigraine

<u>Over the Counter Drugs containing Caffeine</u>
Anacin
Excedrin
No Doz

<u>Food &amp; Drinks containing Caffeine</u>	
Coffee & Decaffeinated Coffee	Tea (hot or iced)
Chocolate	All soda products including "caffeine free" sodas
Cocoa	All diet Drinks
Chocolate Milk	Brownies